Bedwell Bayfront is home to some 160 species of birds, including this Great Egret.

The park is surrounded on three sides by the Don Edwards San Francisco Bay National Wildlife Refuge.

Western Meadowlarks winter in the central grasslands at Bedwell Bayfront.

The park's hills are popular with birdwatchers, hikers, dog walkers and bicyclists.

Visitors of all ages enjoy the park.

FOR MORE INFORMATION:
www.FriendsofBayfrontPark.org
www.facebook.com/bedwell.bayfront.park

Park photo (top left) by Alysssa Umsawasdi; birdwatcher (top right) by Kathy Switky; Western Meadowlark cc David A. Mitchell.
All other photos, including Great Blue Heron (cover), by Peter LaTourrette • www.birdphotography.com
BIRD WATCHING
San Francisco Bay is a key link in the great Pacific Flyway for migrating birds. At least 205 bird species have been spotted at Bedwell Bayfront Park and surrounding wetlands. About 30 species breed at the park; others, including shorebirds, ducks and passerines, use the park for resting and refueling during spring and fall migrations. The park is considered an eBird Hotspot. A checklist of common park birds is available at www.FriendsofBayfrontPark.org.

SOUTH BAY SALT POND RESTORATION
The largest tidal wetland restoration project on the West Coast is happening right next to Bedwell Bayfront Park, in the Don Edwards San Francisco Bay National Wildlife Refuge. The park offers unparalleled views of some of the Refuge’s natural wetlands as well as of the salt ponds being restored. To learn more about this project, visit the Refuge Visitors’ Center in Newark or www.SouthBayRestoration.org.

PARK TRAILS AND THE BAY TRAIL
The park has an extensive trail system, most of which is unpaved. Some of the interior trails are steep, crossing the park’s hills, and lead to several viewpoints. Some park trails are suitable for wheelchairs. The relatively flat 2.3-mile trail around the perimeter of Bedwell Bayfront Park is part of the San Francisco Bay Trail, which will encircle San Francisco and San Pablo Bays with a continuous 400-mile network of bicycling and hiking trails, connecting the shoreline of all nine Bay Area counties and linking 47 cities. Some 240 miles of the Bay Trail have been completed. 

THE GREAT SPIRIT PATH
This unique art installation is a stone poem inspired by Native American pictographs and designed by Menlo Park artist Susan Dunlap. Installed along a 3/4-mile long trail, the Great Spirit Path is composed of 53 rock sculptures grouped into clusters, each representing a phrase in the poem. The largest sculpture of its kind anywhere, it is made of 892 rough natural stones weighing more than 505 tons.

HISTORY
A former landfill site, Bedwell Bayfront Park was created after the landfill was closed and capped in the mid-1980s. The park opened to the public soon afterwards, designated as open space for passive recreation. The park’s hilly terrain now serves as a landmark high point along the Bay.

GENERAL PARK INFORMATION
Bedwell Bayfront Park is located at the east end of Menlo Park on San Francisco Bay at Highway 101 and Marsh Road. The park opens daily at 7am; closing time (sunset) changes seasonally, and is posted. Parking is available along the entrance road and in two paved lots near the back of the park. Be sure to lock your vehicle and take valuables with you.

Restrooms are near the first large paved parking lot. City ordinances require dogs to be on leash at all times and prohibit motorized recreation.

FRIENDS OF BEDWELL BAYFRONT PARK
Formed in 2005, Friends of Bedwell Bayfront Park is dedicated to protecting, enhancing, and advocating for these lands, now and for future generations, and to preserving the park as a passive open space resource. We sponsor educational activities and park cleanups, and work with City staff to ensure that the park is maintained. Our all-volunteer organization is supported by individuals and organizations who value and want to ensure the future of Bedwell Bayfront.

To volunteer, contact friendsofbedwellpark@gmail.org.
To make a tax-deductible donation, write a check to Philanthropic Ventures Foundation (our fiscal sponsor), noting that your gift is for Friends of Bedwell Bayfront Park.

AT THE EDGE OF SAN FRANCISCO BAY,
Bedwell Bayfront Park is Menlo Park’s largest park, and its only open space on the Bay. The park’s 160 acres are surrounded on three sides by the Don Edwards San Francisco Bay National Wildlife Refuge. Easily accessible, the park’s many trails and hills provide unparalleled views of the refuge and south Bay. People of all ages enjoy the park for hiking, running, bicycling, dog walking, bird watching, kite flying, and photography.